

The Pool Timetable

February Half Term - Monday 18th February - Sunday 24th February

KEY: (A) Adult Only (AF) Adult Only Free Swimming (PF) Public Free Swim (TP) Teaching Pool (MP) Main

LANE SWIMMING

Monday	Tuesday	Wednesday	Thursday
Main Pool	Main Pool	Main Pool	Main Pool
06:30 - 07:30 (A)	06:30 - 07:30 (A)	06:30 - 07:30 (A)	06:30 - 07:30 (A)
08:00 - 09:00 (AF)	07:30 - 09:00 (AF)	07:30 - 09:00 (AF)	07:30 - 09:00 (AF)
17:30 - 20:00	20:00 - 22:00 (A)	20:00 - 22:00 (A)	20:00 - 21:30 (A)
20:00 - 22:00			21:30 - 22:00 Twilight
Friday	Saturday	Sunday	
Main Pool	Main Pool	Main Pool	
06:30 - 07:30 (A)	14:30 - 15:30	07:30 - 09:00 (A)	
07:30 - 09:00 (AF)		09:00 - 14:30	
20:00 - 22:00 (A)		18:00 - 19:00	
		19:00 - 20:00 (A)	

PUBLIC SWIMMING

Monday		Tuesday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool
09:00 - 15:00	15:00 - 16:00 (PF)	09:00 - 15:00	10:00 - 12:30
15:00 - 16:00 (PF)	18:00 - 19:30	15:00 - 16:00 (PF)	18:30 - 19:30
16:00 - 17:30		16:00 - 19:30	
Wednesday		Thursday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool
09:00 - 15:00	09:30 - 11:30	09:00 - 15:00	14:00 - 16:00 (PF)
15:00 - 16:00 (PF)	13:00 - 15:00	08:00 - 20:00	
16:00 - 20:00		16:00 - 20:00	
Friday		Saturday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool
09:00 - 17:30	14:00 - 16:00	07:30 - 14:30	12:30 - 14:30
17:30 - 19:30 (PF)			
Sunday			
Main Pool	Teaching Pool		
09:00 - 14:30	09:00 - 12:00		
16:00 - 16:45*	16:00 - 16:45		
16:45 - 19:00*			

FLOATASTIC SESSIONS

Monday		Tuesday	
Session	Main Pool	Session	Main Pool
Floatastic	10:30 - 11:30	Floatastic	10:30 - 11:30
Floatastic	13:30 - 14:30	Floatastic	13:30 - 14:30
Session	Teaching Pool	Session	Teaching Pool
		Floatastic	10:30 - 11:30
Wednesday		Thursday	
Session	Main Pool	Session	Main Pool
Floatastic	10:30 - 11:30	Floatastic	10:30 - 11:30
Floatastic	13:30 - 14:30	Floatastic	13:30 - 14:30
Session	Teaching Pool	Session	Teaching Pool
Floatastic	10:30 - 11:30	Floatastic	10:30 - 11:30
Floatastic	13:30 - 14:30	Floatastic	13:30 - 14:30
Friday		Saturday	
Session	Main Pool	Session	Main Pool
Floatastic	10:30 - 11:30	Floatastic	14:30 - 15:30
Floatastic	13:30 - 14:30		
Session	Teaching Pool	Session	Teaching Pool
Floatastic	10:30 - 11:30	Floatastic	14:30 - 15:30
Sunday			
Session	Main Pool		
Floatastic	14:45 - 15:45		
Session	Teaching Pool		
Floatastic	12:00 - 15:45		

CLASSES

Monday		Tuesday	
Class name	Time	Class name	Time
Parent and Baby	08:00 - 09:00 (TP)	Swim Fit	12:00 - 13:30 (MP)
Swim Fit	12:00 - 13:30 (MP)	Aqua Aerobics	15:00 - 16:00 (TP)
Aqua Aerobics	12:00 - 13:00 (TP)	Swim Fit	19:30 - 20:30 (MP)
Deep Water Aqua	19:45 - 20:40 (TP)		
Wednesday		Thursday	
Class name	Time	Class name	Time
Parent and Baby	08:00 - 09:00 (TP)	Swim Fit	11:30 - 13:00 (MP)
Swim Fit	11:30 - 13:00 (MP)	Aqua Aerobics	18:45 - 19:30 (TP)
Aqua Aerobics (60+)	15:00 - 16:00 (TP)	Deep Water Aqua	19:30 - 20:15 (TP)
Aqua Aerobics	19:15 - 20:15 (TP)		
Friday		Saturday	
Class name	Time	Class name	Time
Parent and Baby	08:00 - 09:00 (TP)		
Aqua Aerobics	12:00 - 13:00 (TP)		
Swim Fit	12:00 - 13:30 (MP)		
Sunday			
Class name	Time		

PARTY HIRE

Saturday		Sunday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool
17:30 - 18:30	17:30 - 18:30	16:00 - 16:45	16:00 - 16:45
19:00 - 20:00	19:00 - 20:00		

ADDITIONAL INFORMATION

Please see separate notice for Swimming Clubs, Swimming lessons and crash courses. Please note some sessions will vary on Bank Holidays.

*This slot may be booked out for private parties, please check before you visit.